



By-Laws and Sports Regulations

Section 1: General Regulations

1. Each school's principal or representative must be present at all varsity Conference football, boys and girls basketball contests, and any other event as prescribed by the OHSAA. That representative should make his/her presence known to the home-school administrators whenever possible.
2. Signs and banners at athletic contests between Conference schools in areas accessible to spectators must be approved by the home-school administration.
3. Artificial noisemakers used by spectators are prohibited from indoor contests. Air horns and electronic noise makers are prohibited from all athletic events. Any unsportsmanlike conduct shall be prohibited.
4. When one or both schools are closed on the day of a scheduled contest because of inclement weather, the decision to play rests on mutual agreement between the scheduled schools.
5. Only participants, coaches and authorized persons necessary for the administration of the contests are to be permitted on player's benches, sidelines, pressbox, scorer's table, near wrestling mats or other playing areas.
6. Conference meet/tournament directors (or designee) shall be responsible for administering the Conference meets.
7. The Conference commissioner will prepare all Conference schedules. Athletic Directors will approve schedules. A rotation will occur every two years.
8. There will be no Conference sub-varsity championships.
9. No seniors are eligible to play in a JV contest without the prior mutual consent of the coaches and/or athletic directors.
10. Club teams participating in conference contests must meet all OHSAA eligibility requirements.

Section 2: Meetings

1. There will be 11 athletic director meetings, 5 principal and athletic director meetings, and 1 superintendent, principal, and athletic director meeting annually. The Conference will hold a minimum of 3 meetings with middle school athletic directors annually.

Section 3: Policies

1. The Conference shall sponsor any sport that has at least 3/4 of the member schools participating in that sport. The Ohio High School Athletic Association (OHSAA) rules shall govern the affairs of the Conference.

Section 4: Finances

1. The annual dues shall be determined by the Conference. These dues shall be sufficient to cover the projected costs to operate the Conference. This amount shall be determined annually at the May Conference meeting. The operation of the Conference shall be determined by the Conference. Any Conference sponsored tournaments/meets shall be under-written by the Conference. Profits from said events will become part of the Conference treasury. Profits from middle school tournaments will be retained by the host school. Financial reports will be rendered for all Conference tournaments/meets. Special assessments may be levied by the Conference.

Section 5: Conference tournaments

1. The Conference shall annually sponsor meets and/or tournaments in tennis, bowling, golf, cross country, track and wrestling. Expense monies for the operation of any of these events shall be part of the annual dues structure and will be paid from the Conference treasury. Net revenue generated by these events shall be deposited in the Conference treasury.

Section 6: Awards/Championships

1. All Sports Setup
 - a. These shall be recognized in each league sport. In case of ties, similar recognition will be noted for all teams tying for any place. A record of the final league standings for each sport shall be kept by the Commissioner.
 - b. Using the following calculation, the standings for each sport shall be calculated.
 - i. 1st place - 14 points
 - ii. 2nd place - 12 points
 - iii. 3rd place - 10 points
 - iv. 4th place - 8 points
 - v. 5th place - 6 points
 - vi. 6th place - 4 points

- vii. 7th place - 2 points
 - viii. 8th place - 0 points
 - c. The Conference school with the highest cumulative point total at the conclusion of the school year shall be declared the "All Sports Champion" for that year.
- 2. All Conference Awards:
 - a. 1st team for individuals shall be recognized with plaques.
 - b. 2nd team for individuals shall be recognized with certificates.
 - c. Honorable Mention for individuals shall be recognized with certificates.
 - d. Coach of the year will be voted on at the All-Conference meeting and will be awarded a plaque.
- 3. Scholar Athlete Certificates will be awarded to ALL student athletes who complete the season as a team member and who achieve at least a 3.4 GPA for the grading period of his/her sport. (Fall = 1st GP; Winter = 2nd GP; Spring = 3rd or 4th GP)
- 4. **High School Conference Championships** in football, girls volleyball, boys and girls basketball, baseball, and softball will be determined by round robin play. Championships in boys and girls soccer (starting in 2021), cross country, track, wrestling, bowling, golf, and tennis will be determined by a combination of round robin play and a tournament.
- 5. **Middle School Conference Championships** in boys and girls cross country, girls volleyball, boys and girls basketball, wrestling, and boys and girls track and field will be determined by a tournament.

Section 7: Commissioner

- 1. A Commissioner shall be appointed by the Conference to carry out all the duties specified in the Conference approved job description. An assistant to the Commissioner shall be appointed by the Conference to carry out all duties as specified in the Conference approved job description.

Metro Athletic Conference Commissioner

Job Description

- 1. Term of office to be from July 1 through June 30.
- 2. Organize and help direct all regular meetings of the Conference on a monthly basis.
- 3. Serve as corresponding and recording secretary for the Conference.
- 4. Serve as the financial secretary for the Metro Athletic Conference and present a full and up to date financial report at each Executive

- Board meeting.
5. Serve as a liaison and/or mediator between coaches and officials.
 6. Observe at least one varsity Metro Athletic Conference contest each week during the football, volleyball, basketball and wrestling seasons.
 7. Assign and in-put (through Arbiter) all officials' contracts for: freshman, JV and varsity football; freshman, JV and varsity volleyball; freshman, JV and varsity basketball; and JV and varsity wrestling.
 8. Contract all league contest officials at least one full year prior to the date of the event.
 9. Allow Athletic Directors the opportunity to suggest officials to be hired or not hired for league and non-league events. The exact procedure for hiring and rating officials shall be left to the discretion of the Conference Executive Board.
 10. Perform any other relevant duties assigned by the Conference for the efficient operation of the organization.
 11. Be paid an amount determined annually by the Conference; such amount to be paid in two equal installments – May and December.
 12. In accordance with the Athletic Directors, assist in running all Metro Athletic Conference Tournaments.
 13. Be versed in computer technology - specifically Excel, and Word-as well as MyOHSAA and Arbiter.
 14. Construct schedules for all league sports; schedules to be presented for review to the athletic directors/principals for approval at least one full year before any schedule is to begin, except for football which should be provided 2 years in advance.

Assistant to the Commissioner

1. Term of office to be from July 1 through June 30
2. Attend regularly scheduled meetings of the Metro Athletic Conference
3. Assign and in-put (via Arbiter) contracts for all Middle School Athletic contests.
4. Assist the Commissioner with any duties agreed upon by the Council and the Commissioner.
5. Be paid an amount determined annually by the Athletic Council; amount to be paid in two equal installments - May and December.

Section 8: Individual sport responsibilities

1. At the May meeting each year, a chairperson of each sport for the succeeding year will be designated by the president. The chairperson for each sport will be responsible for organizing and running any meets/tournaments, committee selection for All Conference teams, and act as a liaison between coaches and the Conference.

Section 9: Conference passes/admissions

1. Metro Athletic Conference passes will be issued yearly by the Conference. Each school will be issued 75 conference passes. Each pass will allow one guest. Students must be accompanied by an adult if using a conference pass to enter the event. No school personnel will be admitted, free of charge, without a valid Metro Athletic Conference pass. Home school will determine policies and procedures for their site outside of these regulations.

Ticket Prices:

- JV/Varsity \$7 for Adults \$5 for Students K-12; Freshman only games (stand alone event) are \$3 for Adults and \$2 Students. Freshmen events added onto JV/Varsity events will be charged normal admission prices (\$7 for Adults \$5 for Students K-12)
- Senior citizens (60 years or older) are admitted for free.
- For Middle School and High School combined events, the regular high school rates will be charged (\$7 for Adults \$5 for Students K-12)
- For football only: Gate price will be \$7. Children age 6 and under are free.
- Presale tickets for adults will be \$7 and \$5 for students
- For football only: the visiting school will keep its own student pre-sale.

Middle School Admission Prices:

- Adults - \$3.00 Students - \$2.00

Visiting bands (including chaperones) and cheerleaders, properly uniformed, will be admitted free of charge.

Section 10: Violations of Conference Constitution or Bylaws

1. The acceptable behavior of coaches, athletes, spectators, and game officials is to

be expected. Violation of this expectation or incidents or misconduct shall be subject to conference action.

2. Procedures for dealing with violators of the Metro Athletic Conference Constitution or Bylaws:
 - a. School to School: In an attempt to solve a situation, it shall first be dealt with by the principals and athletic directors of the involved schools. A report of the solution shall be sent to the conference commissioner to be kept as a matter of record.
 - b. The athletic directors of the schools not involved in the dispute and the conference commissioner will meet with the alleged violator or violators and will report the findings of this investigation and recommend a course of action to the conference principals.
 - c. The conference principals may then:
 - i. Approve the athletic director's recommendation and levy penalty.
 - ii. Modify or revise the recommended penalty.
 - iii. Disapprove the recommended penalty and conduct an additional investigation.
3. Procedures for Reporting Violations
 - a. School officials (principal or athletic director) report to school officials (principal or athletic director)
 - b. Report of violation to conference commissioner in writing so that an investigation may be initiated

Section 11: Protests

1. A protest committee consisting of the president, Commissioner, and an appointee of the president, shall handle all protests within the Conference. Their decision on any such matters shall be final. If a conflict of interest is involved, then the preceding year's president shall take the place of the current president. If the preceding president is involved, the position shall go to the 2nd previous president, and so on. In cases of disagreement among member Conference schools, such differences shall be submitted to the Conference for arbitration. The schools involved shall not vote and a majority of the Conference members are required to take action in resolving such disagreements.

Section 12: Procedure Concerning Ejection of Coach

1. The Metro Athletic Conference will follow all OHSAA guidelines in regards to the ejection of a coach before, during or after a contest.
2. When a coach is ejected and no assistant coach or qualified adult is present, the

contest will be immediately terminated per OHSAA rules.

Section 13: Televising/Broadcasting/Taping of Conference Contests

1. The Metro Athletic Conference will adhere to OHSAA guidelines concerning the broadcast of conference contests.

Section 14: Conference All-Conference Selection Criteria

1. Only the conference commissioner can notify the news media of the Metro Athletic Conference All-Conference selections.
2. All conference awards will be given as follows:
 1. Football
 - a. 1st Team - 15 Offensive/13 Defensive Plaques; voted on by coaches
 - b. 2nd Team - 15 Offensive/13 Defensive Certificates; voted on by coaches
 - c. Honorable Mention - 2 Certificates per team
 - d. Offensive Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Defensive Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - f. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
 2. Volleyball
 - a. 1st Team - 8 Plaques; voted on by coaches
 - b. 2nd Team - 8 Certificates; voted on by coaches
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
 3. Soccer
 - a. 1st Team - 13 Plaques; voted on by coaches
 - b. 2nd Team - 13 Certificates; voted on by coaches
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
 4. Golf
 - a. 1st Team - 6 Plaques; based on league points accumulated during

- year
 - b. 2nd Team - 6 Certificates; based on league points accumulated during year
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); golfer with the highest total league and tournament points
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
5. Tennis
- a. 1st Team - 7 Plaques; 1st place finish at league tournament
 - b. 2nd Team - 7 Certificates; 2nd place finish at league tournament
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
6. Cross Country
- a. 1st Team - 7 Plaques; 2nd-8th place at league meet
 - b. 2nd Team - 7 Certificates; 9th-15th place at league meet
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); 1st place finish at league meet
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
7. Basketball
- a. 1st Team - 6 Plaques; voted on by coaches
 - b. 2nd Team - 6 Certificates; voted on by coaches
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches
8. Wrestling
- a. 1st Team - 15 Plaques; voted on by coaches; 1 at large
 - b. 2nd Team - 15 Certificates; voted on by coaches; 1 at large
 - c. HM - 2 Certificates per team
 - d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
 - e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches

9. Bowling

- a. 1st Team - 8 Plaques; by league average
- b. 2nd Team - 8 Certificates; by league average
- c. HM - 2 Certificates per team
- d. Player of the Year - 1 trophy (unless co-POY); highest league average
- e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches

10. Baseball

- a. 1st Team - 12 Plaques; voted on by coaches
- b. 2nd Team - 12 Certificates; voted on by coaches
- c. HM - 2 Certificates per team
- d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
- e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches

11. Softball

- a. 1st Team - 12 Plaques; voted on by coaches
- b. 2nd Team - 12 Certificates; voted on by coaches
- c. HM - 2 Certificates per team
- d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
- e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches

12. Track

- a. 1st Team - 31 Plaques; 1st place finish at league meet; two at-large
- b. 2nd Team - 31 Certificates; 2nd place finish at league meet; two at-large
- c. HM - 2 Certificates per team
- d. Player of the Year - 1 trophy (unless co-POY); voted on by coaches
- e. Coach of the Year - 1 plaque (unless co-COY); voted on by coaches

Section 15: School Calamities

1. In the event of calamities such as financial closing of schools, physical disaster to a team, etc. all attempts should be made to reschedule missed contests. If rescheduling is impossible, the affected school shall forfeit all affected contests, without financial penalty.
2. If school is cancelled there shall be no events played at the middle school or freshman levels. Varsity/JV contests will be determined by the competing

schools.

Section 16: Scheduling of contests

1. **Rotation scheduling:** Using the order of schools as listed below, a rotation schedule shall be constructed and followed for a period of two years; the second year will follow the same schedule as the first, but with home/away sited reversed.
 - a. Rotation schedule:
 - i. Cloverleaf
 - ii. Coventry
 - iii. Field
 - iv. Norton
 - v. Ravenna
 - vi. Springfield
 - vii. Streetsboro
 - viii. Woodridge

Section 17: Officials

1. The Commissioner and Assistant Commissioner shall have jurisdiction over the selection and assignment of varsity, JV, Freshman and Middle School officials for all league sponsored sports, with the exception of boys and girls soccer. An independent certified OHSAA assigner, approved by a majority vote of the Conference shall assign officials for soccer.

Section 18: Sport Regulations

CHEERLEADERS

1. Pyramids and mounts by cheerleaders are prohibited. Individuals may not stand on another's shoulder or support another individual in any type of mount.
2. Trampolines and mini-trampolines are prohibited.
3. Any kind of lifts supported by other students are prohibited.
4. A cheerleader's foot cannot leave the floor when supported by other cheerleaders.
5. Individual flips or cartwheels are permitted.
6. Will follow OHSAA tournament guidelines at all league events.

7. During basketball games, the visiting cheerleaders will do a floor cheer during the first time out or end of quarter (whichever comes first). Turns will alternate from that point. Visiting cheerleaders will go first at halftime.
8. Halftime dance routines will be performed by the home team cheerleaders only.
9. No signs or posters that are denigrating to the other team are permitted to be hung or held at any contest site. Any signs are to be in line with the OHSAA sportsmanship guidelines and approved by the administration.

FOOTBALL

1. Middle School, Freshmen, and Junior Varsity on a conference basis will operate under the following rules:
 - a. No standings kept. No champion recognized. No trophy awarded.
 - b. No overtime. Overtime is not permitted below the varsity level, per OHSAA rules.
 - c. Schedule to be arranged by following the varsity schedule except that JV games shall be played on the opposite field on Saturday following the varsity game. These games are to start at 10:00 a.m.
 - d. Freshman games are on Thursdays starting at 4:30 p.m. unless otherwise agreed upon between competing schools.
2. The football scoreboard clock shall be the official time for all conference football games. The home school shall furnish an adult operator. In case the scoreboard clock fails to operate, the field judge will continue to time with a stopwatch.
3. All varsity officials will be notified to report at least one hour and fifteen minutes before game time.
4. Regulations for postponement of football games:
 - a. The decision to postpone games in inclement weather rests with the Athletic Directors of the competing schools. If a contest is postponed while still in progress, game officials and coaches will be consulted. Other district administrators may give feedback on the decision.
 - b. In case there is not an agreement, the Athletic Directors or representative of the home-school shall assume the sole responsibility as to whether the game shall be played or postponed.
 - c. Unless extenuating circumstances arise, a decision to postpone shall be given to the visiting school by 2:00 p.m.
 - d. Postponed Friday night games shall be played on the next available and agreed on date and time.
 - e. The official of the home-school who is in charge of the game arrangements shall notify the commissioner and the assignor of the

conference, the schools, game officials, newspapers, radio, and TV stations, police and all other persons connected with the administration of the game of postponement.

- f. The official of the home-school who is in charge of the game arrangements shall also secure the game officials for the postponed date who were originally scheduled (if available). Otherwise, the assignor of the conference shall be notified and he will make the assignment.
5. Length of contest quarters
 - Varsity: 12 minutes
 - JV: 10 minutes
 - Freshman: 9 minutes
 - 7th/8th: 8 minutes
 6. Time limit for half-time of a varsity football game shall be 20 minutes. Middle School half-time will be 8 minutes.
 7. Middle school and freshman games will not use a kick-off. The coaches of JV teams will decide on whether to kickoff prior to the start of the game. The receiving team, determined by coin toss, will put the ball in play at its own 35 yard line. On a safety, the receiving team will put the ball in play on its own 45 yard line.
 8. In all varsity conference football games, the home-school shall provide four adults for the chain crew.
 9. Video Exchange: Two most recent games will be exchanged. The earliest played game must be exchanged no later than 10:00 AM on Thursday. That Friday's game (most recent) will be exchanged Friday night or no later than 9:00 AM Saturday morning. Coaches are to label their films "ODK" prior to exchanging.
 10. Jersey Color: Per OHSAA rules, JV's are to wear the same color the varsity wore the preceding night.
 11. Freshman and JV scouting: Not permitted.
 12. Uniform Numbers: Coaches are to follow OHSAA/NFHS rules when issuing uniforms. Schools need to inform the opposing coach if there is a necessary change to this rule prior to playing the game.
 13. The home team shall have the prerogative to determine the seating location of the visiting band.
 14. It is strongly recommended that a physician be present at all varsity football games.

Pre-game Schedule: (Adjustments of pregame schedule must be communicated and agreed upon by competing schools)

- 5:30 – 6:00 Officials dress

- 6:00 Gates open no later than 6:00
- 6:00 – 6:40 Field available for warm-up
- Home team will designate the warm-up area
- 6:30 Officials confer with coaches, timers, announcer
- 6:40 Toss of the coin with captains and officials
- 6:40 Both teams leave the field
- 6:40-6:55 Pre-game activities-band/cheering section
- 6:55 National Anthem played by the band
- 6:57 Announce home team
- 7:00 Kickoff

** Any changes made to the pregame schedule should be communicated ahead of time before the game between competing schools.

GOLF: Entered on 10/8/2020 by Jim Lunardi

1. Teams participating in Boy's Golf will play in 14 league matches consisting of 7 home matches and 7 away matches. If a team wishes to lose their home course advantage and play 18 holes at an opponent's course to free up another golf date that is up to the discretion of the school and golf coach. If there is a regular season match that gets postponed due to weather and is not made up throughout the season, it will be made up at the conference tournament.

2. Conference Championship Tournament – In order to be eligible for the conference championship. Teams will have to participate in an end of the season tournament consisting of 18 holes. Location of the tournament will be at a neutral site. As of 9/19/2019 a neutral tournament site is still to be determined. (Possible locations – Sable Creek GC, Ellsworth Meadows GC, Goodpark GC, Chippewa GC)

3. Determination of a Conference Champion and Team League Standings – In order to determine the Boy's Golf League Champion, teams will play 14 regular season 9 hole matches of 6 golfers counting the top 4 scores in each match. Winner of each match, the team will receive one conference point. This means that every team has the opportunity to win 14 conference points.

Conference Championship – 18 holes count for 1 conference point during tournament. Essentially each program will be participating against 7 other schools during the conference tournament. Finishes within the 18 hole

conference tournament will determine the number of points received. Every team has the opportunity to win 7 conference points during the tournament.

Conference Tournament Results:

1st Place 10 points

2nd Place 8 points

3rd Place 6 points

4th Place 5 points

5th Place 4 points

6th Place 3 points

7th Place 2 point

8th Place 1 points

The teams with the most conference points from the regular season plus the conference tournament determines the rank and finish of the league standings.

In the event of a tie for places #1 & #2, both teams will be determined to be Co-Champions. As to promote the success of both schools, we do not want to pursue any tie-breaker scenarios.

Participation for girls in post season tournament - If a girl participates on the boy's team as their school does not have a girls program. A girl may participate in the girl's conference tournament as well as the boy's conference tournament as long as the girl does not exceed the OHSAA mandated 20 golf dates during a season.

1. A team will consist of six players with top four scores counting in the match.
2. Regulation play will consist of nine or 18 holes.
3. Scoring of golf matches:
 - a. U.S.G.A rules will prevail with the following exceptions.
 - i. Local rules, if printed
 - b. Total score will consist of four best of the six players.
4. Conference schools will play a double round robin on a home and home basis. The option to play an 18-hole match against another school must be mutually agreed upon by both schools. If there is a regular season match that gets postponed due to weather and it is not made up, it will be made up based on score at the conference tournament.
5. The conference championship will be determined on a basis of 50% dual meets and 50% conference tournament. If there is a preseason conference tournament, the championship will be determined on the basis of $\frac{1}{3}$ preseason conference tournament, $\frac{1}{3}$ dual meets and $\frac{1}{3}$ end of season conference tournament.
6. Team Regular Season finish will receive the following points:
 - 1st: 10 points
 - 2nd: 8 points
 - 3rd: 6 points
 - 4th: 5 points
 - 5th: 4 points
 - 6th: 3 points
 - 7th: 2 points
 - 8th: 1 point
7. Individual Place finishes in regular season dual match conference competition will carry the following point values:
 - 1st: 10 points
 - 2nd: 8 points
 - 3rd: 6 points
 - 4th: 4 points
 - 5th: 2 points
8. Individual Place finishes in conference tournament will carry the following point values:
 - 1st Place: 20 pts
 - 2nd Place: 16 pts.
 - 3rd Place: 12 pts.
 - 4th Place: 8 pts.
 - 5th Place: 4 pts.
9. 9. Team Conference Tournament finish will receive the following points:
 - 1st: 7 points

- 2nd: 6 points
 - 3rd: 5 points
 - 4th: 4 points
 - 5th: 3 points
 - 6th: 2 points
 - 7th: 1 point
 - 8th: 0 points
10. It is the home school's responsibility to contact the visiting school to set an agreeable date for canceled matches.
 11. The starting time for all conference matches will be 3:45 p.m. The home-school will notify the visiting school of any deviation from this time that might arise as dictated by the extenuating circumstances.
 12. The conference golf tournament shall be held annually during the week prior to the sectional tournament. The conference meet shall be a one-day meet starting at a time determined by the course.
 13. There shall be a rules committee of three coaches (random draw) to interpret rules and situations in case of disputes.
 - a. If the committee's findings result in no change in the final outcome, then the athletic directors will not become involved, but all conference coaches will be notified of the committee's ruling.
 - b. If the findings result in the change in the final outcome of a match or the final placement in the conference meet, then the athletic directors will provide the final disposition.

Conference Tournament

- A. Golfers in the Conference Tournament should be paired as follows: 1-1 4-4 2-2 5-5 3-3 6-6
- B. Golfers are to announce their score after each hole. Each player should keep a scorecard, one of which will be designated as the official card. Scores must be recorded at the completion of each hole.
- C. Coaches will act as marshals.

Individual Matches

- A. Score to be announced and recorded after each hole.
- B. The home team coach will validate the total score; the individual golfer will validate each hole score.
- C. Coaches will act as marshals.
- D. All players must wear school issued attire.
- E. If a match is stopped during play due to inclement weather, the match will be deemed "suspended" only if play can be resumed that day. The coaches and golf

courses personnel will determine if the match can be resumed based on weather conditions, course conditions, length of delay and daylight. If a suspended match cannot be resumed on the same day, it will be deemed "canceled" and must be replayed from the beginning on a mutually agreed date.

Determination of All-Conference

- A. Points are gained by how the golfer placed in the conference matches. (Ex. 1st place- 10pts, 2nd place 8pts, 3rd- 6pts, 4th- 4pts, 5th place- 2pts)
- B. Points are also given at the conference tournament. The place determines the point value.
- C. Points are totaled, combining the match play, and the conference tournament.
- D. All Conference Selections:
 - The Player of the Year will be the player with the highest season point total. The tiebreaker will be the player with the lowest score at the post-season tournament.
 - The next 6 golfers with the highest season point total will be all-conference first team. The following 6 golfers will be second team all-conference.
 - Each team coach will also receive two Honorable Mention selections.

TENNIS

1. The Conference tennis championship will be determined on the basis of 50% dual meet competition and 50% conference tournament.
2. The final place finish will be determined by the won/loss record. Two points for a win and 0 for a loss. In case of a tie, point totals will be split equally among tied teams.
3. Conference tennis shall consist of a double round-robin played in the fall for the girls and in the spring for the boys.
4. The conference player of the year will be the first singles champion.
5. JV tennis will be played at sites agreed upon between competing schools.

General Rules

- A. Match line-ups are to be set before the match on paper and both coaches are to have line-ups ready for exchange at the beginning of the match if requested.
- B. The home-school coach will be the umpire and complaints should be brought to his attention before action is taken by the players or the other coach.
- C. Lines will be called by the player receiving the ball only.
- D. Players may be moved up in the line-up, but not down.
- E. The home team will furnish U.S.T.A. approved tennis balls for the match. New balls shall be provided for the third set if either player requests them.

- F. Warm-up time will be 10 minutes for all matches. If coaches agree this may be changed due to weather.
- G. The home team will furnish the tennis balls in dual meets. The approved balls are Penn, Wilson, Spalding, Slazenger, or Dunlop.
- H. The tournament will be played by position. A player will play in the position where he/she played a majority (over 50%) of their divisional matches.
- I. A conference makeup match will take precedence in scheduling over all other matches.
- J. The 12 point tie-breaker will be used at 6-6 in all sets.

VOLLEYBALL

- 1. Games will be played by NFHS rules.
- 2. The JV match shall be played first followed by the Varsity match. With unusual circumstances, they may be switched.
- 3. Starting time for JV will be 5:30 pm. Varsity will begin the 20 minute warm up immediately following the JV game. Middle school matches will begin at 4:00 pm. 7th grade will play first on Mondays and 8th grade will play first on Wednesdays.
- 4. Freshman games of a triple-header will begin at 4:30 pm.

CROSS COUNTRY

- 1. The Conference Championship meet in cross country will determine the Conference Champion.
- 2. Top finisher is Runner of the Year; the next 14 are All-Conference.
- 3. There will be four races: MS and HS Boys, MS and HS Girls.
- 4. Boys will run first in odd years; girls will run first in even years.
- 5. Teams are allowed unlimited entries. Only the top seven will be used in scoring.

SOCCER

- 1. The Metro Athletic Conference soccer champion shall be determined by
 - a. a single round-robin schedule (50%) and
 - b. conference tournament, based on seeding (50%)
 - i. Seeding criteria:
 - 1. Head to Head
 - 2. Goal Differential in conference play
 - 3. Goals Scored in conference play

4. Goal conceded in conference play
 - ii. Final three games of the season (14,15,16)
 - iii. All teams play three games
 - iv. 8 team consolation bracket
 - v. Regular season conference play determines seeding
2. National Federation rules, with OHSAA modifications, will be used. If the match is tied at the end of regulation, the existing OHSAA rules will prevail.
3. The conference champion will be the school(s) with the most accumulated points:
 - i. Conference play - 1st place earns 8 points --- 8th place earns 1 point
 - ii. Conf Tournament - 1st place earns 8 points --- 8th place earns 1 point
4. Determination of whether Conference matches will be played on the football field will be the prerogative of the home-school.
5. Because of the structure of the football goal posts on certain fields, it will remain with the home-school to provide soccer goals as near regulation as possible.
6. Jersey color shall be contrasting for home and away, with the home team wearing dark jerseys and dark socks, and the visiting team wearing solid white jerseys and solid white socks. Per NFHS guidelines.
7. JV start will be 5:00 PM and Varsity at 7:00 PM.

BOWLING

1. Conference season will consist of a preseason tournament (33%), regular season round robin home and home (33%), and postseason tournament (33%).
2. All conference selections will be based on season averages- within league play.
 - a. Top average is considered "Bowler of the Year"
 - b. Next 8 are considered first team, following 8 are considered second team. Each coach will receive 2 honorable mention appointed positions.

BASKETBALL

1. The schedule will consist of two round-robins.
 - a. Freshmen boys will be the opposite site as varsity girls on Wednesdays. Monday games will be the opposite site as varsity girls from the preceding Saturday.
2. Starting time for the JV game shall be 5:30 p.m. during the week nights. On Saturdays, the JV game shall be at 11:00 a.m. Any changes will be communicated via host school.

3. There shall be a minimum of 8-minute warm-up time for freshman games, 10-minute intermission between freshman and JV games, and 15 minutes between JV and varsity games. The clock shall start as soon as the floor is cleared following the first game.
4. Length of contest quarters:
 - Varsity: 8:00 minutes
 - JV: 7:00 minutes
 - Freshman: 7:00 minutes
 - 7th/8th: 6:00 minutes
5. Varsity teams are not permitted to shoot around during halftime of the JV game.
6. No varsity players are permitted on the floor once the JV warmup period begins.
7. The floor must be cleared no later than 30 minutes prior to gametime.
8. Tripleheader times will be 4:00, 5:30, 7:00 p.m. on weekdays.
9. Halftimes: 10 minutes for Varsity, 8 minutes for JV and Freshman games.
10. The court will be cleared with three minutes left during halftime.
11. The 7th grade teams play first on Mondays. The 8th grade teams play first on Thursdays.

WRESTLING

1. Team champions will be determined by a combination of the regular season dual records and the end of season conference tournament. The team with the most combined points will be declared the champion using the following criteria:
 - a. Regular Season:
 - 1st Place: 10 pts
 - 2nd Place: 8 pts.
 - 3rd Place: 6 pts.
 - 4th Place: 5 pts.
 - 5th Place: 4 pts.
 - 6th Place: 3 pts.
 - 7th Place: 2 pts.
 - 8th place: 1 pts
 - b. Tournament:
 - 1st Place: 10 pts
 - 2nd Place: 8 pts.
 - 3rd Place: 6 pts.
 - 4th Place: 5 pts.
 - 5th Place: 4 pts.
 - 6th Place: 3 pts.
 - 7th Place: 2 pts.

- 8th place: 1 pts
2. Only authorized personnel will be permitted on the participants' bench or in the warm-up area.
 3. Schools with female wrestlers must notify opponents in advance.
 4. The All-Conference team will be determined by an end of season meeting between coaches. Place finishes at the conference tournament and head to head records will be used as a guide.
 5. The conference will issue a league schedule each year, with a combination of Dual matches and Double Dual matches, involving league schools. Middle School regular season dual matches will follow the High School schedule in terms of the schools competing. For middle school matches, the host site will determine the date/time of the matches during the same week as the varsity matches.
 6. Middle School "B" matches and tournaments may be cooperatively arranged by the coaches of competing schools. An individual "B" match will consist of three 1-minute periods with no overtime. One all-league "B" tournament may be held at the conclusion of the regular season. Any wrestler that has wrestled in less than half of the regulation matches up to the date of the tournament is eligible to compete in the "B" tournament.
 7. Host schools will follow all OHSAA and NFHS competition and weigh-in/weight certification rules for all events.

BASEBALL

1. Varsity and JV will play at opposite sites. Games will start at 5:00 pm.
2. The makeup of conference games postponed because of an OHSAA scheduled tournament game or because of inclement weather will be on the next agreeable date. Any Saturday makeups must have the approval of both athletic directors. OHSAA tournament games and any game with an entry fee will take precedence over conference games. Independent games should be scheduled with the understanding that a makeup conference game may take precedence over the independent contest. It is permissible to schedule a doubleheader at the site of the second round game, one game to serve as a makeup, by mutual agreement of both schools.
3. All scheduled conference games must be completed to fulfill round-robin.
4. The official conference baseball will be the OHSAA approved baseball.
5. The home team shall warm-up first.

FASTPITCH SOFTBALL

1. Varsity and JV will play at opposite sites. Games will start at 5:00 pm.
2. The makeup of conference games postponed because of an OHSAA scheduled tournament game or because of inclement weather will be on the next agreeable date. Any Saturday makeups must have the approval of both athletic directors. OHSAA tournament games and any game with an entry fee will take precedence over conference games. Independent games should be scheduled with the understanding that a makeup conference game may take precedence over the independent contest. It is permissible to schedule a doubleheader at the site of the second round game, one game to serve as a makeup, by mutual agreement of both schools.
3. All scheduled conference games must be completed to fulfill round-robin.
4. The official conference softball will be the OHSAA approved softball.
5. The home team shall warm-up first.

TRACK & FIELD

1. The league champion will be determined by the regular season dual meets and a conference championship meet.
2. The Conference Meet will follow National Federation Rules.
 - a. Scoring at the conference meet will be 10-8-6-5-4-3-2-1.
 - b. Each team may enter 2 participants in each individual event and one team in each relay event.
 - c. Seeding will be done via BaumsPage.
3. Dual Meets will follow National Federation Rules
 - a. The following Conference regulations for dual meets are clarifications of federation rules as agreed upon by the head coaches of the Conference for purposes of smooth and consistent meet management at all Conference dual meets.
 - b. Starting time for meets will be the time stated in the Conference schedule. No meet may start earlier than the stated time, but in cases of late team arrival due to transportation problems, the starting time will be delayed to allow adequate warm-up for all athletes.
 - c. All head field event judges should be adults. Students may only be used as aids and may have no responsibility in judging the event.
 - d. Finish pickers for the top 3 places and exchange zone inspectors in all running events should be adults.
 - e. In all running events entries are unlimited and all competitors have the potential to score.
 - f. All entries are unlimited and all competitors have the potential to score.
 - g. Sprint heats will be slow to fast.

- h. All participants in the shot put, discus, and long jump will be given 4 trials.
- i. In the high jump and pole vault, starting heights and increments will be established by the coaches prior to the start of the event.